



KNOWING GOD



LOVING GOD



SERVING GOD



PRAYER LIFE



Name: _____

Emmaus Partner Name: _____

Weekly Check-in Day: _____

CCC 1 “God, infinitely perfect and blessed in himself, in a plan of sheer goodness freely created man to make him share in his own blessed life. For this reason, at every time and in every place, God draws close to man. He calls man to seek him, to know him, to love him with all his strength.”

13 Week Plan: From: ____/____/____ Through: ____/____/____

	Where do I stand now? (self assessment)	Where do I wish to improve? (focus and goals)	What will I do to grow? (plan of action)	Activity	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	
God's Word (Scripture) 1 2 3 4 5 6 7 8 9 10 Our Faith (CCC & Church Law) 1 2 3 4 5 6 7 8 9 10 Shared Wisdom (Saints and others) 1 2 3 4 5 6 7 8 9 10																	RETREAT WEEK 13
Trusting & Surrendering to God 1 2 3 4 5 6 7 8 9 10 Worship & Sacramental Participation 1 2 3 4 5 6 7 8 9 10 Evangelization (Inviting others) 1 2 3 4 5 6 7 8 9 10																	RETREAT WEEK 13
Serving Christ in His Church 1 2 3 4 5 6 7 8 9 10 Serving those in need 1 2 3 4 5 6 7 8 9 10 Leading others who desire to serve 1 2 3 4 5 6 7 8 9 10																	RETREAT WEEK 13
Private Prayer 1 2 3 4 5 6 7 8 9 10 Praying with my Spouse / Family Members 1 2 3 4 5 6 7 8 9 10 Praying with Friends & Strangers 1 2 3 4 5 6 7 8 9 10																	RETREAT WEEK 13

Total Score _____